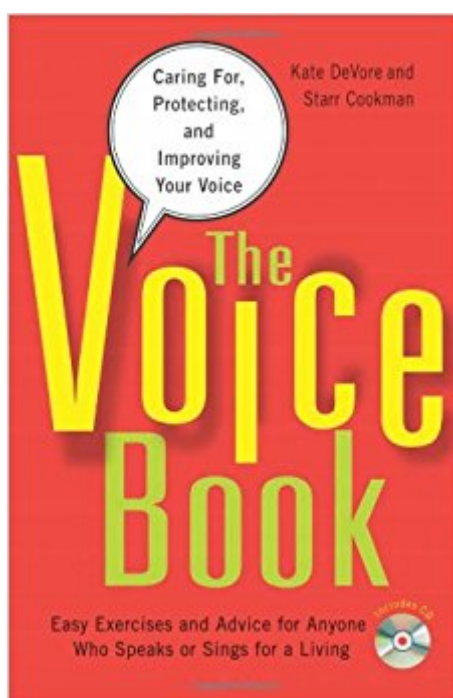


The book was found

# The Voice Book: Caring For, Protecting, And Improving Your Voice



## Synopsis

More than 30 million Americans rely on their voices for their jobs--from teachers, religious leaders, and entertainers to lawyers, executives, salespeople, and doctors. A controlled voice increases self-confidence and enhances charisma, approachability, and trustworthiness. Yet an astounding 30 percent of professionals develop preventable vocal problems that could ruin their careers. And most do not know that both the quality and tone of one's voice can be changed. The Voice Book: Caring For, Protecting, and Improving Your Voice is a one-of-a-kind reference that will save and improve your voice, your job, and your personal life. With dozens of vocal exercises and a detailed guide to the anatomy and physiology of voice, the book covers the full range of vocal health, from protecting against hoarseness and laryngitis to expanding speaking range and enhancing voice tone and quality. Illustrations, photographs, FAQs, and an accompanying CD make The Voice Book the first vocal self-help book of its kind and a must-read for anyone who wants a dependable, strong, and engaging voice.

## Book Information

Paperback: 248 pages

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Language: English

ISBN-10: 1556528299

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Product Dimensions: 5.5 x 0.6 x 8.5 inches

Shipping Weight: 11.2 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars 52 customer reviews

Best Sellers Rank: #62,008 in Books (See Top 100 in Books) #81 in Books > Arts & Photography > Music > Instruments > Voice #83 in Books > Humor & Entertainment > Sheet Music & Scores > Forms & Genres > Popular #90 in Books > Textbooks > Communication & Journalism > Speech

## Customer Reviews

This book was purchased for a veteran at the VA hospital that had suffered a stroke that seriously affected his speech. It has been a tremendous help with his rehabilitation and ability to communicate.

I'm a salesman of scientific materials so I can spend hours day on the phone and give 2-5

presentations a week. This activity plus a history of seasonal allergies means my voice is often fatigued and ragged. The book offers practical advice on how to improve your voice. It can be read from page one as a comprehensive guide, or use for reference to address specific issues. I have recommended this book to several friends including other salesmen, two pastors, and several teachers. When buying this book, be sure it comes with the CD. A friend purchased a used book that came without the CD, greatly reducing its value.

While the tips in the book are useful, the author's voice on the CD is very grating. Overuse of pitch creates a very patronizing tone. I can't listen to her for more than a few seconds.

great teachings!

Great ideas.

Excellent. Very down to earth, tangibly descriptive and prescriptive. Thus, very helpful.

Complete and practical.

It was a informative book.

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